

A special workshop

The Spiritist ABC's of Anxiety, Stress and Depression

by



Vanessa Anseloni, Psy.D., Ph.D.

Neuroscientist and Assistant professor, president-founder of the Spiritist Society of Baltimore, Vanessa is a fifth-generation Spiritist, medium and lecturer in the U.S.

The Spiritist view brings a multidisciplinary approach combining Science and Spiritual knowledge. Empower yourself as you get to know more about the roots and spiritual tools on anxiety, stress and depression. This will be a dynamic presentation to include exercises and visualization techniques.

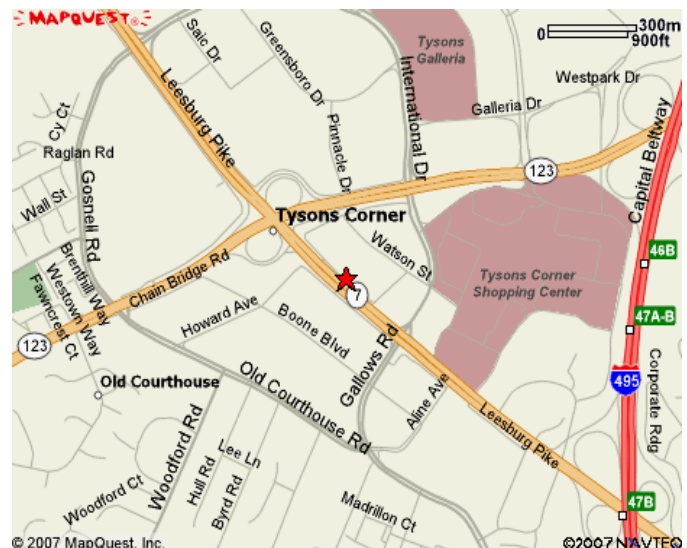
Tuesday, June 19, 2007

7:30 – 9:00 PM

FREE ADMISSION!

**Tysons Corner Healing Centre
8206 Leesburg Pike, Suite 201
Tysons Corner, VA 22182**

*(Next to Bed Bath & Beyond)
Free parking front, back lots and
Bed Bath & Beyond's parking lot)*



More Info. (703) 288-1702 or (410) 382-5328

Sponsored by Tysons Corner Healing Centre & Spiritist Society of Baltimore
www.tysonscornerhealingcentre.com
www.ssbaltimore.org